



EKYA  
SCHOOL  
BYRATHI

# THE BULLETIN

## 2024



## CAMPUS HIGHLIGHTS

### Exploration Day: A Celebration of Learning & Fun

Exploration Day began with joy as Montessori students opened with a spirited dance, setting a lively tone across Grades 1-10. Younger students embraced Zumba to build coordination and confidence, while fireless cooking encouraged creativity through crafting cheesecakes and sandwiches. French sessions introduced greetings, and art activities using handprints and vegetable prints sparked imagination. Captivating storytelling nurtured empathy, while Grades 3 and 4 explored density through hands-on experiments. Calligraphy honed focus through artistic letter shaping.



For older students, an innovation session explored tech shifts like smartphones and digital payments, fostering critical thinking and adaptability. A well-being session encouraged breaking gender stereotypes, and a discussion on inclusivity highlighted ways to support people with disabilities. A waste audit raised eco-awareness, while football, basketball, and table tennis boosted teamwork and resilience. The day ended with self-reflection, fulfilling its purpose: a blend of discovery, skill-building, and joyful learning.





## CAMPUS HIGHLIGHTS

### Kannada Rajyotsava -ಕಾರ್ಯಕ್ರಮ

ನಮ್ಮ ಶಾಲೆಯಲ್ಲಿ 7/11/24 ರಂದು 69 ನೇ ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವವನ್ನು ಆಚರಿಸಲಾಯಿತು.

ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ ಶಾಲೆಯ ಎಲ್ಲಾ ವಿದ್ಯಾರ್ಥಿಗಳು ಮತ್ತು ಶಿಕ್ಷಕರು ಭಾಗವಹಿಸಿದರು. ಕಾರ್ಯಕ್ರಮದ ಶುರುವಿಗೆ, ಜೀನು ಪವಿತ್ರನ್ ಪ್ರಾಂಶುಪಾಲರು ಮತ್ತು ಶಾಲೆಯ ಸಂಯೋಜಕರಾದ ಸುಮಾ ಮೋಹನ್ ಅವರ ನೇತೃತ್ವದಲ್ಲಿ ನಿಷ್ಕಲಂಕ ಹಾಗೂ ಕನ್ನಡ ಭಾಷೆಯ ಮಹತ್ವವನ್ನು ವಿವರಿಸುವ ಭಾಷಣವೊಂದು ನೀಡಲಾಯಿತು. ನಂತರ, ಕನ್ನಡ ನಾಡಿನ ಸಾಂಸ್ಕೃತಿಕ ವೈಭೋಗವನ್ನು ಪ್ರದರ್ಶಿಸುವ ಪ್ರಸ್ತುತಿಗಳನ್ನು ಹಮ್ಮಿಕೊಳ್ಳಲಾಯಿತು.

- ಈ ಕಾರ್ಯಕ್ರಮದಲ್ಲಿ, ಕನ್ನಡದ ಸಾಹಿತ್ಯ ಮತ್ತು ಇತಿಹಾಸವನ್ನು ಕುರಿತು ಹಲವಾರು ವಿಶೇಷ ಕಾರ್ಯಕ್ರಮಗಳು ಮತ್ತು ಚರ್ಚೆಗಳು ನಡೆಯಿತು . ವಿದ್ಯಾರ್ಥಿಗಳು ತಮ್ಮ ಕಲಿಕೆಯ ತಾಣವನ್ನು ಕನ್ನಡದ ಮೂಲಕ ವಿಸ್ತಾರಗೊಳಿಸಲು ಸದಾ ಸಿದ್ಧರಿದ್ದಾರೆ.
- ಈ ವಿಶೇಷ ದಿನವು ಕನ್ನಡ ಭಾಷೆಯ ಮತ್ತು ಸಂಸ್ಕೃತಿಯ ಪ್ರೀತಿಯನ್ನು ಹೆಚ್ಚಿಸಲು ಮತ್ತು ಮುಂದಿನ ಪೀಳಿಗೆಗೆ ಕನ್ನಡದಲ್ಲಿ ಮಾತನಾಡಲು ಮತ್ತು ಬರೆಯಲು ಪ್ರೇರಣೆ ನೀಡಲು ಸಹಾಯ ಮಾಡಲಿ.
- ಕನ್ನಡ ರಾಜ್ಯೋತ್ಸವವು ಕನ್ನಡ ನಾಡಿನ ಅಭಿಮಾನವನ್ನು ತುಂಬಾ ತೀವ್ರವಾಗಿರಿಸಿದೆ. ನಮಗೆ ಕನ್ನಡಿಗರಾಗಿ ಹೆಮ್ಮೆ ಪಡುವ ಈ ದಿನವನ್ನು ನಾವು ಎಂದೆಂದಿಗೂ ನೆನೆಸುತ್ತೇವೆ.
- ರಾಜ್ಯೋತ್ಸವದ ಅಂಗವಾಗಿ ಶಾಲಾ ವಿದ್ಯಾರ್ಥಿಗಳು ವಿವಿಧ ಸಾಂಸ್ಕೃತಿಕ ಕಾರ್ಯಕ್ರಮಗಳಲ್ಲಿ ಪಾಲ್ಗೊಂಡಿದ್ದರು. ರಂಗಭೂಮಿಯಲ್ಲಿ ಕಲೆಯನ್ನು ಪ್ರದರ್ಶಿಸಿದರು., ಕವಿಗೋಷ್ಠಿಗಳನ್ನು , ಆಯೋಜಿಸಲಾಯಿತು. ನೃತ್ಯ , ನಾಟಕ, ಹಾಡು ಹೀಗೆ ಹಲವು ಶ್ರದ್ಧೆಪೂರ್ವಕವಾದ ಕಾರ್ಯಕ್ರಮಗಳನ್ನು ನಿರ್ವಹಿಸಿದರು . ಕನ್ನಡದ ಇತಿಹಾಸವನ್ನು, ಭಾಷೆಯನ್ನು, ಸಮೃದ್ಧಗೊಳಿಸಲು ಶ್ರಮಿಸಿದ ವ್ಯಕ್ತಿಗಳ ಬಗ್ಗೆ ಮಾತನಾಡಿದರು.
- ಕೊನೆಯದಾಗಿ ನಮ್ಮ ಪ್ರಾಂಶುಪಾಲರಾದ ಜೀನು ಪವಿತ್ರನ್ ಅವರು ಮಕ್ಕಳಿಗೆ ಈ ದಿನದಿಂದ ನಾವೆಲ್ಲರೂ ಕನಿಷ್ಠ ಪಕ್ಷ ಐದು ಪದಗಳನ್ನು ಕನ್ನಡ ತರಗತಿಯಲ್ಲಿ ಕಲಿಯಲೇಬೇಕು ಎಂದು ಮಕ್ಕಳಿಗೆ ತಿಳಿಸಿದರು.

- The 69th Kannada Rajyotsava was celebrated at Ekya Byrathi on 7th November 2024 with great enthusiasm. The event featured presentations that highlighted the rich cultural heritage of Karnataka.
- This special day aimed to foster a deeper love for Kannada language and culture, inspiring the younger generation to speak and write in Kannada.
- As part of the celebrations, students participated in various cultural activities, including stage performances, poetry sessions, dance, drama, and music. They also spoke about the efforts of individuals who have contributed to enriching Kannada's history and language.
- Our HOS, Ms. Jinu Pavithran, emphasized the importance of learning the language and encouraged students to learn at least five new Kannada words in every class.







## LEARNING BEYOND THE CLASSROOM

### Field Trips

At Ekya, the month of November brought exciting field trips that took our students beyond the classroom and into the real world of innovation, sustainability, and history! Students explored innovative ideas at the Azim Premji Fest and discovered practical solutions for a cleaner world at a solid waste management site. Our senior students had an exclusive peek into the world of consultancy and design, where they learned how professionals create solutions for modern challenges.



For our eco-conscious students, a hands-on experience in rainwater harvesting showcased how water conservation works in practice. To top it all off, a visit to the iconic HAL Museum allowed students to see aviation dreams come to life, from vintage aircraft to space technology. These trips inspired, challenged, and broadened everyone's horizons.







## Wellbeing Initiatives

The wellbeing sessions conducted this month for primary students, focused on body safety, covering topics such as safe touch, unsafe touch, consent, boundaries, and stranger danger. The middle and senior students participated in a gender sensitization session that addressed stereotypes and biases while promoting acceptance and inclusivity. Both sessions aimed to enhance students' awareness and understanding of these critical issues, contributing to a safer and more respectful school environment.

A session was held for parents focusing on effective parenting styles, conducted by Dr. Teena Augustine Joseph, Founder and Therapist at Being Balanced. This interactive workshop aimed to equip parents with the knowledge and tools necessary to foster healthy relationships with their children. Participants explored various parenting approaches, including authoritative, permissive, and authoritarian styles, discussing the impact of each on child development and behavior. The session emphasized the importance of balancing structure with warmth and support, encouraging open communication, and setting appropriate boundaries.



## Work Exposure Program

Our senior school students at Ekya will indulge in the upcoming Work Exposure Program! This exciting journey kicks off with a resume-building session designed to equip students with the tools to create a strong, impactful resume. In this session, students will learn how to highlight their strengths, structure their achievements, and showcase their unique skills to make a lasting impression. It's the first step toward a summer filled with hands-on experience, real-world learning, and valuable career insights. Stay tuned for more details on this incredible opportunity!







## Advantages of NVC in Coaching



- ☐ Promotes Empathy and Trust
- ☐ Encourages Honest, Open Communication
- ☐ Focuses on Observations Over Interpretations



- ☐ Supports Positive Behavioral Change
- ☐ Facilitates Self-Reflection and Ownership
- ☐ Adaptable to Various Situations



3 mins

## PROFESSIONAL DEVELOPMENT

November was buzzing with activity across our campuses. We started off the month with our annual flagship event FIND Festival 2024. Ekya PDI conducted a training session for all our academic and CCA coordinators on 'Cognitive Coaching'. Our educators also participated in the insightful Learning Area Touchpoint sessions throughout the month. As part of our external programs, we continue our ongoing commitment to providing learning opportunities for educators, school leaders, and systems.



This month, we have opened applications for our [ReThink Educator Certification Program](#). It is a three-month virtual program for aspiring and in-service educators. We also conducted two free workshops - [Reimagining Tomorrow's Classroom](#) and [Neuroscience of Learning](#).







## LEARNING & INSIGHTS

### Empowering Early Learners Through Art and Observation

This creative self-portrait activity at Ekya ITPL for Montessori and K2 children aligns beautifully with early childhood development principles and art education. Here's a concise overview of the activity and its benefits: The children engaged in a multi-step self-portrait process that combined observation, self-awareness, and artistic expression. By using mirrors, they practiced careful observation and self-reflection, enhancing their understanding of facial features and individual characteristics. The use of sketch pens for outlines helped develop fine motor skills and introduced the concept of contours in art. Painting the background and adding patterns allowed for creative expression and color exploration. This activity not only fostered artistic skills but also promoted self-awareness, boosted confidence, and encouraged attention to detail. The multi-sensory approach of observing, drawing, and painting caters to different learning styles and helps reinforce concepts. Such activities are valuable in early childhood education as they support cognitive development, enhance self-esteem, and provide a foundation for future artistic endeavors. By sharing their unique self-portraits, children also practice self-expression and learn to appreciate diversity among their peers.



At Ekya BTM, early years students embraced Loris Malaguzzi's vision of an atelier as a place of research. These young learners engaged with various materials in a hands-on exploration, embodying the Reggio Emilia approach to early childhood education. This activity fostered creativity, curiosity, and self-directed learning, allowing children to express themselves through multiple "languages" of learning. By manipulating diverse materials, students developed critical thinking, problem-solving skills, and sensory awareness. This atelier-like experience not only stimulated cognitive, motor, and social-emotional development but also laid a strong foundation for future learning, demonstrating how a thoughtfully prepared environment can become a powerful tool for discovery and growth in early childhood education.



# STUDENT EDGE

## My Hobby - Art!

Hi, I'm Sara, and I'm in grade 2. This is my first time writing a blog, and it took me a while to decide what topic to write about. Finally, I came up with My Hobby – Art! I've loved art since I was 4 years old, and I was inspired by my mom because she is really good at it.

Let me tell you a little about what art means to me. Art is one of the most fun things in the world! Ok, maybe I like art a little too much...

### Frustration

Sometimes, I get super frustrated when my drawings don't turn out the way I want them to. When I'm coloring and the colors go out of the lines, I get really upset, and it happens to me all the time. But then I calm down and take three deep breaths.

### Helpfulness

Art helps me when I'm feeling sad, angry, or frustrated. Sometimes, when I'm upset, I just grab a book and start drawing, and soon I forget about whatever happened. Art has also helped me make lots of friends and great memories, but I'll talk more about that later. So remember, art is really helpful!

### Friendship with Art

I love doing all kinds of art like coloring, drawing, rock painting, and making picture books. When my friends come over, we do a lot of craft projects together. Art has been my best friend since forever! When I was little, my mom bought me a craft kit, and I loved it. Some of my oldest memories are from doing crafts with my friends—or sometimes even alone.

### My Favorite Art

My favorite type of art is rock painting. This is probably because some of my happiest memories involve rock painting. It all started when my dad's friend gave me a rock painting kit for my 3rd birthday. I was probably too young to really understand how to make art with it back then, but I still remember painting my first dash of pink!

Now, my friends and I have a collection of rock paintings and lots of memories to go with them.

## Other Forms of Art

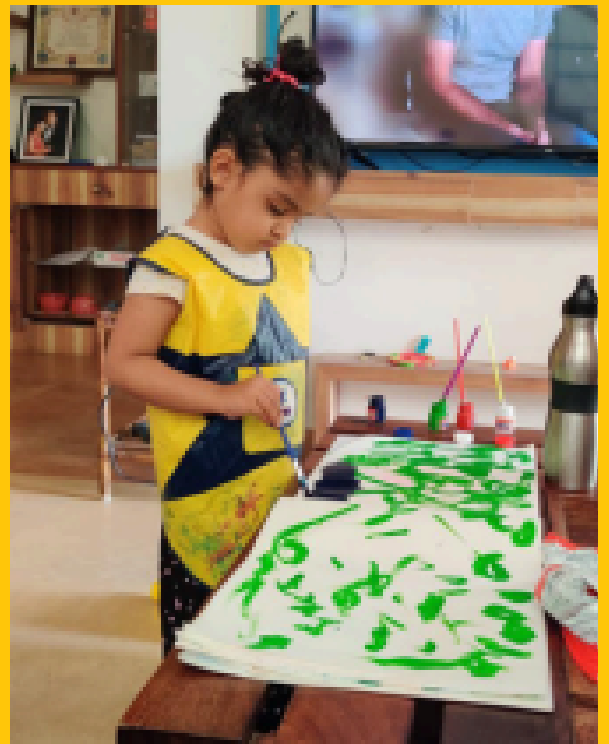
But don't get me wrong—art is not just the things I've talked about. There's art all around us! It's even on our pencil boxes. Art is in the music we hear, the sports we play, the books we read, and the clothes we wear. Ok, sorry— did I mention I like art a little too much?

## My Dream

My dream is to become an artist. I've wanted to be one since I was 4! The work of other artists and illustrators has always inspired me, and someday I hope to inspire other children with my own artwork.

## Inspiration

I'm writing this blog today because I hope it will inspire some of you to try a new hobby—or maybe just appreciate the hobby you already have a little more. Don't forget, your hobby could be your best friend for life!



**Sara Helen**

Grade 2, Ekya Byrathi



## TEACHER BLOG

### "Empowering the Future: The Role of Education in Shaping Tomorrow's Leaders"

As we progress through the academic year, it's essential to reflect on the power of education and its impact not just on our students today but on the future we are building together. Our role as educators is not just to impart knowledge but to spark curiosity, ignite passions, and nurture critical thinking skills that will serve students for a lifetime.

**Education Beyond Textbooks:** Developing Holistic Learners In today's fast-paced world, academic achievement remains important, but it's equally essential to recognize the need for a well-rounded education. A truly effective education system fosters not only intellectual growth but also emotional intelligence, creativity, and social responsibility. As we guide our students, it's crucial to help them develop skills that will make them adaptable to future challenges—whether in the workplace or in their personal lives. Through a variety of classroom activities, from hands-on science experiments to group discussions in social studies, we are teaching students more than just facts. We are teaching them how to approach problems, think critically, collaborate with others, and embrace failure as part of the learning process. These are skills that will prepare them for an unpredictable and ever-changing world.

**Fostering a Positive Learning Environment:** Creating a positive and inclusive learning environment is key to student success. This goes beyond just having a comfortable classroom; it's about cultivating a sense of belonging and encouraging students to be confident in expressing themselves. As teachers, we must be mindful of the social and emotional needs of our students, providing them with the tools to navigate challenges in healthy ways. One way we can do this is through our encouragement of open communication, both in and outside of the classroom. Whether it's through student-led conferences, collaborative projects, or simply lending an ear when students need to talk, these moments of connection can have a lasting impact on a student's academic and personal growth.

**Encouraging Curiosity and Lifelong Learning:** One of the greatest gifts we can give our students is the ability to cultivate curiosity—an intrinsic desire to learn

that goes beyond the classroom. We must encourage them to explore, ask questions, and seek out knowledge independently. As teachers, we have the privilege of being the guides on this journey of discovery. One exciting way we can promote curiosity is by connecting classroom learning with real-world applications. For example, by linking science lessons to current global challenges, such as climate change or new technological innovations, we show students that the knowledge they gain is not just academic but vital for understanding and addressing the world around them.

**Conclusion: Building a Legacy of Learning:** Education is about preparing students for life, not just exams. The knowledge, skills, and values they gain shape future leaders and changemakers. Let's ensure they leave our classrooms with purpose, responsibility, and confidence in their ability to make a difference.

**"Through knowledge, we light the path ahead,  
Shaping tomorrow, where dreams are spread.  
With wisdom and courage, the leaders will rise,  
Building a future beneath limitless skies."**



**Ms. Smrati Dubey**  
Teaching Staff, Ekya Byrathi



