



THE BULLETIN

2024



CAMPUS HIGHLIGHTS A Day of Festivities and Togetherness

The Independence Day celebration at EBTM was a vibrant showcase of our collective spirit. From the moment the festivities began, the campus was filled with the sounds of laughter, music, and the energy of a community coming together. Students, dressed in patriotic colors, participated in a variety of activities that celebrated our nation's history and values. Parents and educators joined in with equal enthusiasm, creating an atmosphere of unity and pride.

Highlights of the Day:

- Patriotic Assemblies: The day began with hoisting the national flag, a heartfelt assembly where students shared inspiring stories and thoughts on the significance of independence through a strong skit. The singing of the national anthem was a powerful reminder of our shared heritage.
- Interactive Games and Competitions: Students and parents teamed up for a series of fun-filled games that tested their knowledge, skills, and teamwork. The friendly competitions added an extra layer of excitement to the day, with winners taking home small tokens of appreciation.
- Family Harmony Fundraiser: As part of the fundraiser, special games and housewise food stalls were conducted focusing on building strong family bonds. It clearly showcased the importance of spending quality time together. These sessions were well-received, with many parents expressing gratitude for the valuable insights shared.
- Art and Craft Exhibits: The creativity of our students was on full display with an art and craft exhibition. Each piece reflected creativity & showcased the talents and perspectives of our young artists.



A Unified Effort for a Noble Cause

The Family Harmony fundraiser was a significant part of the day, with all proceeds going towards supporting initiatives that strengthen family bonds within our community. The event underscored the importance of unity, not just within our immediate families but also within the broader **EBTM** The community. overwhelming participation and generous contributions from parents and staff demonstrated our shared commitment to fostering a supportive and harmonious environment for all.



The Power of #OneCommunity

The event was more than just a celebration; it was a testament to the strength and solidarity of the EBTM community.

The hashtag #OneCommunity became a symbol of our collective effort, trending across social media as parents, students, and educators shared their experiences and reflections on the day. This sense of unity is what makes EBTM not just a school, but a family.



LEARNING BEYOND THE CLASSROOM

Service Learning Program - Launch

This Independence Day at Ekya, we didn't just celebrate our nation's freedom; but we took a big step towards making a difference with the launch of our Service Learning Program. This new initiative was all about coming together to tackle real-world challenges and create a positive impact in our communities. This year all our campuses have chosen some powerful themes to focus on, and they're all about building a better tomorrow. From Zero Hunger, where we'll work towards ensuring everyone has access to nutritious food, to Solid Waste Management, where we'll learn how to reduce, reuse, and recycle to keep our environment clean. Some of our campuses are also diving into E-Waste Management-because every gadget we use leaves a footprint, and it's up to us to make sure it's a green one. And let's not forget our effort to support Cataract Eye Surgeries, bringing the gift of sight to those who need it most. This program provides an opportunity to all of our students to roll up our sleeves and be the change-makers they aspire to be. Whether it's through hands-on work or raising awareness, every little bit counts.

Student Leadership Bootcamp

The much-awaited Student Leadership Bootcamp is just around the corner! Our student council members are given an opportunity to gear up and dive into a world of leadership like never before. Happening in the month of September, this bootcamp isn't just about workshops and sessions; it's about transforming ideas into action. Student council members will be exploring what it means to lead with integrity, think creatively, and make a real impact on our school community. Plus, we've got some inspiring guest speakers lined up who'll be sharing their own leadership journeys. But it's not all work and no play. Expect interactive activities, team challenges, and even a few surprises along the way. Let's make this bootcamp an experience to remember!



Field Trip

Our recent field trips were full of learning! excitement and Primary students visited the fire station, where they saw firefighters in action and even tried on their gear. Middle schoolers explored an organic farm, learning how food is grown from seed to table. These adventures took students beyond the classroom, offering new experiences and stories to share. Here's to educational adventures outside the school gates!

Up Coming Dussehra Trips

Our Dussehra trips are fast approaching, filled with adventure, exploration, and fun! We've planned something special for every student. Primary-grade students can enjoy a parent-child overnight camping experience with starry skies, campfires, and lots of fun. For our Grade 5 & 6 students, Ramnagar offers rocky landscapes perfect for trekking and rock climbing. Grades 7 & 8 students will head to Coorg, where they can relax in misty hills and lush coffee plantations. Our senior school students will explore Auroville, a unique blend of culture and community. Finally, there's an exciting diving trip to the Andaman, where students can explore the underwater world. These trips are an opportunity to step out of routine, try something new, and create unforgettable memories. Get ready for the best Dussehra ever!



Final Year Retreat

Our final year retreat to Yercaud was nothing short of magical—a perfect blend of fun, friends, and a dash of adventure! Nestled in the cool hills, Yercaud welcomed our students with misty mornings, scenic views, and a whole lot of memories waiting to be made. Students kicked off their day with a mix of exciting activities. From trekking through lush greenery to boating on the serene lake, every moment felt like a mini-adventure. And let's not forget the time they spent exploring the famous Yercaud Lake—paddling around and soaking in the peaceful vibes. Evenings were all about bonfires, music, and laughter. There's something special about sharing stories and singing under the stars with friends by your side. The retreat wasn't just a getaway; it was a chance to unwind, bond, and celebrate all the memories students have created over the years.



Our students ventured to Hampi, where history and adventure walked hand in hand. Exploring the majestic ruins and ancient temples felt like stepping back in time. From climbing the rocky terrain to discovering hidden corners of this UNESCO World Heritage site, Hampi's timeless charm was truly captivating. The sunsets there were nothing short of magical!



Wellbeing Initiatives

In August, the Wellbeing Department organized a series of awareness sessions aimed at supporting students in managing their emotions effectively. For the Primary Block, sessions focused on emotional regulation, helping students build personal resource kits for managing emotions. A Schoology forum was created for ongoing support.

For Middle and Senior Block, sessions covered complex emotional issues like panic attacks and self-harm, equipping students with tools to support themselves and others. Counselors also led sessions on bullying and gender stereotypes. Increased awareness from general check-ins has led more students to seek support.

A Professional Development (PD) day for school leaders emphasized understanding student mental health and ensuring sensitive,informed responses. Additionally, a session for teachers, conducted with **Professional** the Development Institute (PDI), provided skills for identifying and addressing learning students' and behavioral challenges.





PROFESSIONAL DEVELOPMENT

August was filled with an array of Professional Development sessions across teams. It started off with a Professional Development Day for our Senior School educators of Ekya and CMR NPS. During the 4-hour training educators participated in the session around maximising student engagement by using questioning and discussion tools and study skills for senior graders.





We worked with our school leadership on how to make data informed decisions and met our Head of Schools and Student Counsellors to reinforce the criticality of student wellbeing at our campuses.





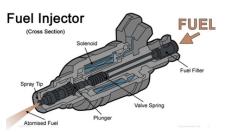


LEARNING & INSIGHTS Science at Ekya

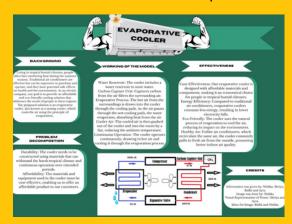
Science at Ekya is dedicated to nurturing a profound understanding and mastery of scientific concepts through an inquiry-based approach. Our main goal is to spark students' curiosity and build their critical thinking skills, enabling them to explore and unravel the mysteries of the natural world. The curriculum is carefully designed to build on each concept step by step, ensuring a cohesive and comprehensive development of scientific knowledge. This approach lays a robust foundation for advanced scientific exploration, fostering innovation, and equipping students with exceptional problem-solving abilities essential for future scientific endeavours.

"The Evaporative Cooler Design Project" guides students in exploring sustainable cooling solutions for tropical climates through practical research and hands-on design. This project focuses on understanding the need for affordable cooling alternatives by investigating evaporative cooling principles and designing a prototype. Students engage in critical thinking and problem-solving as they assess materials for durability and affordability, applying scientific knowledge to address real-world challenges. Presenting their findings in a scientific poster format enhances students' communication skills by requiring clear and concise articulation of complex ideas. This interdisciplinary project aims to prepare students for future roles in innovation and environmental stewardship.





This project "Creation of an automobile part using Fluid Mechanics" offers senior school science students a chance to tackle real-world engineering challenges in fluid mechanics, enhancing critical thinking and problem-solving Through practical research and hands-on design, students will learn how scientific principles create solutions transportation needs. Presenting their will findings improve their communication abilities, requiring clear articulation of technical concepts.



This interdisciplinary project combines physics, engineering, and environmental science, providing a holistic understanding of practical applications. Ultimately, it prepares students for STEM careers by fostering innovation, problemsolving, and ecological consciousness, instilling a passion for engineering and a sense of responsibilityfor sustainable transportation technologies.

STUDENT EDGE

From Stress to Success: How to Tackle Exam Pressure Like a Pro!

Story time!: The exam season was just round the corner and the atmosphere was filled with stress and anxiety. Two friends just recently submitted their exam and now is the time to check for the much awaited results. One gets a really good grade and the other - a not so satisfactory grade as to what was expected. Both of them gave the same amount of effort to prepare and still, such different results. Exam stress is something really normal, a bit of which is good but as one said "excess of anything is bad"-too much of stress can be detrimental and this can sometimes hinder our performance. Here is what the first friend did to manage their stress:

Preparation in prior: confidence in academics comes with practice. Make a schedule and allocate proper amount of time for each subject, don't leave things for the last minute. Even better if you revise what is taught the very day after going home- this will help you understand what is going on in the class and will make you familiar with the topic before the exam.

Healthy lifestyle: If you properly place out your study schedule properly, you will have ample amount of time to take rest, play, refresh and get proper sleep. Physical activity enhances your performance in academics as it reduces stress. Sleep is also important, as proper sleep helps you remember what you've learnt and store it as a memory.

Relaxation techniques: you can try meditating, or yoga or just close your eyes for some time to relax.

Positive mindset: do not panic and stay relaxed while giving the exam, positive affirmations boost confidence. Know that you've given your best and your efforts will be fruitful.

Now that you have taken advice from the friend, you can try to implement these in your routine for stress-free exams. As a 12th grader, I have already tried applying these points and trust me they do work out! One more thing to remember - do not get overconfident by your previous result, overconfidence always pulls you down and last but not least, do not get discouraged, you can always try again and strive to do better.

As it is rightly said- "Failure paves the way to success." Try implementing these points, have a positive attitude and you will do just fine.





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TEACHER BLOG

Guiding the Next Generation

In the ever-evolving landscape of education, the role of a teacher has expanded far beyond the confines of the classroom. Today, teachers are not just educators; they are leaders, guiding the next generation towards a future full of possibilities. The concept of teachers as leaders is not new, but it has gained renewed importance in a world where knowledge is constantly being updated, and students need more than just academic instruction to succeed.

The Role of a Teacher-Leader

A teacher-leader is someone who influences their students, peers, and even the wider community, without necessarily holding a formal title. They lead by example, inspire others, and take on initiatives that improve the learning environment.

One of the most crucial aspects of being a teacher-leader is the ability to inspire and motivate students. In a world inundated with information, students need guidance to navigate through the vast sea of knowledge. A teacher-leader helps students develop critical thinking skills, encourages curiosity, and fosters a love for learning that extends beyond the classroom. This kind of leadership is about empowering students to take charge of their own learning and develop into independent, confident individuals.

Leading by Example

Teacher-leaders are role models. They embody the values they wish to instill in their students, such as integrity, perseverance, and empathy. By demonstrating these qualities in their daily interactions, teacher-leaders show students what it means to be responsible and ethical members of society. This kind of leadership is particularly powerful because it is based on actions rather than words. Students are more likely to follow a leader who practices what they preach.

In addition to modeling positive behaviour, teacher-leaders are also lifelong learners. They continuously seek out new knowledge and skills to improve their teaching practices. This commitment to personal and professional growth not only enhances their own effectiveness but also sets an example for students, showing them the importance of continuous learning and self-improvement.





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