



**EKYA  
SCHOOL  
BYRATHI**

# THE BULLETIN

## 2024



## CAMPUS HIGHLIGHTS

### Community Helpers Day

In our Pre-primary class, Community Helpers Day celebrated on 23rd August was a valuable experience for our young learners. This special event allowed us to introduce the children to the crucial roles that various community helpers play in our society. The activities included dressing-up and role-play different professions. Some children dressed as doctors, firefighters, farmers, and police officers, which helped them develop a deeper understanding and appreciation for these essential roles.



Additionally, the children had the chance to share what they had learned about the daily responsibilities of these community helpers. Overall, the day was both joyful and educational, significantly enriching the children's understanding of the world around them.



## Hasiru Dala workshop for waste segregation

This month, Hasiru Dala held an enlightening session at our school, focusing on waste segregation and the welfare of waste pickers. Separate sessions for grades 3-7, grades 8-10, and CMR PU Byrathi students highlighted the critical role of segregating waste into three categories: dry, wet, and rejected. Hasiru Dala representatives explained the processes of segregation, recycling, and reuse, urging students to contribute to environmental sustainability.



The session also shed light on the lives of waste pickers, emphasizing their vital role in waste management and the need to ensure their health and safety. Students gained a deeper understanding of how their actions affect both the environment and the community. They left motivated to adopt sustainable practices and help create a cleaner, safer world.





## CULTURE AT CAMPUS

Launch quote - At the end of each school day, just before students head home, the school counselor presents what we call the "Launch Quote." The Launch Quote is a quote that is carefully chosen to be inspirational or thought-provoking, aiming to encourage reflection in the students and ignite excitement for the upcoming school day.

Following the presentation of the launch quote, the counselor then engages the students in a discussion about the quote's relevance in their daily lives. It serves as a prompt for students to consider how they can embody its message in their own lives. Students enthusiastically share their perspectives on how they are striving to integrate the quote's wisdom into their interactions and decisions. These discussions not only encourage deeper thinking but also foster a sense of community and shared values among our students.



By regularly sharing and reflecting on these launch quotes, we aim to cultivate a culture of mindfulness, positivity, and personal growth at Ekya Byrathi.







## LEARNING BEYOND THE CLASSROOM

### Dussehra Trips

This Dussehra break, our students embarked on thrilling journeys to two very different yet equally exciting destinations: Rocksport and Auroville!

The Rocksport adventure was all about pushing limits, embracing challenges, and parent-child bonding through action-packed activities. From rappelling down rocky cliffs to navigating through obstacle courses, our students showed incredible teamwork and resilience. Whether it was the thrill of ziplining or the fun of campfire storytelling, the trip was a perfect blend of adventure and learning in the great outdoors!

Meanwhile, our senior school students headed to Auroville, where they immersed themselves in the community's unique lifestyle, focused on sustainable living and mindfulness. The students engaged in workshops on eco-friendly practices and connected deeply with the spirit of Auroville's philosophy of unity and peace. It wasn't just a trip, but an opportunity to reflect on how we can contribute to a better world. Both trips were enriching experiences, offering our students fresh perspectives on adventure, nature, and community living. It's safe to say that everyone returned with unforgettable memories and a renewed sense of curiosity and inspiration!



## Leadership Bootcamp Cohort 2024

Ekya Schools Leadership Bootcamp 2024, held on 13th September at Ekya Nava brought together student council members from all campuses to enhance their leadership skills and instill core values aligned with the school's mission. The event aimed to foster a culture of ethical leadership, collaboration, and resilience while equipping the students with the necessary tools to lead their peers effectively. The Leadership Bootcamp envisioned empowering our student leaders to embody ethical leadership, foster collaboration, and lead with empathy and integrity. Students enjoyed the hands-on approach, engaging exercises, and collaborative projects that made learning fun and impactful. The enthusiasm and participation from our student leaders were evident, and they left the bootcamp with new skills and a greater sense of confidence.







## Field Trips

Our Grade 5 students were buzzing with excitement on their recent visit to Bee Global Farms! This field trip gave them a unique glimpse into the fascinating world of bees and sustainable farming practices. The day was filled with hands-on experiences, where students learned about the life cycle of bees, their role in pollination, and the importance of bees in maintaining our ecosystem. They even got to see how honey is harvested and learned about the intricate structure of beehives. The interactive session on organic farming also sparked their interest in eco-friendly agricultural practices. The students were captivated by the buzzing bees and left with a deeper appreciation for these tiny creatures that play such a vital role in our environment. It was a day of learning, curiosity, and fun—one that's sure to stick with them for a long time!

## Wellbeing Initiatives

As exam season is underway, it's crucial to prioritize student wellbeing. This month, our wellbeing department stepped up to offer support through dedicated sessions focused on practical exam tips and managing exam stress. To help students navigate the challenges of exams, we hosted a series of wellbeing sessions. These sessions provided practical advice on how to prepare effectively, manage time, and maintain a positive mindset during this stressful period. Students learned techniques for staying organized and strategies for approaching different types of exams with confidence. In addition to the wellbeing sessions, our team conducted general check-ins with students. These conversations aimed to gauge how students were feeling about their exams. As we continue through this exam season, our commitment to supporting student wellbeing remains strong. By creating a supportive environment, we encouraged students to share their concerns and feelings, helping us understand their individual needs better.



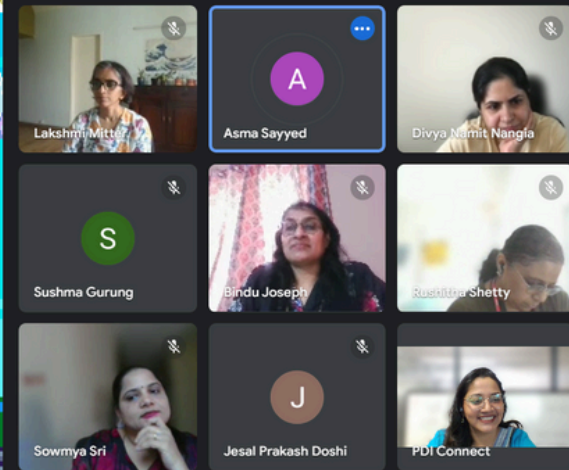
## College and Career Guidance Initiatives

**Job Shadowing:** Students were excited about the job shadowing experience. They found the hands-on experience of understanding organizational work culture fruitful. They gained insight on the importance of networking and communication. The host professionals greatly appreciated the enthusiasm and eagerness demonstrated by the young learners.

**Webinars:** The webinars on “**Think outside the box: Unleash your potential in the design industry**” and “**Mind matters: Understand the fascinating world of psychology and its career paths**” were a resounding success. Held on September 28th for parents and students across all campuses, these informative sessions provided valuable insights into the exciting fields of design and psychology.

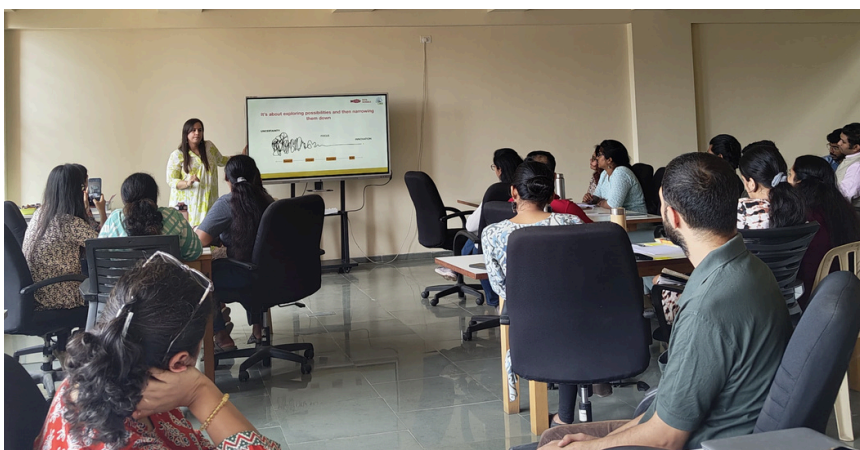
Attendees were captivated by the engaging presentations and the opportunities to explore potential career paths in these dynamic industries. These initiatives are part of our ongoing commitment to providing comprehensive support and guidance to our students, helping them navigate their academic journeys and prepare for successful careers. The CCG department will continue to offer a range of activities and resources to ensure our students are well-equipped to achieve their aspirations.



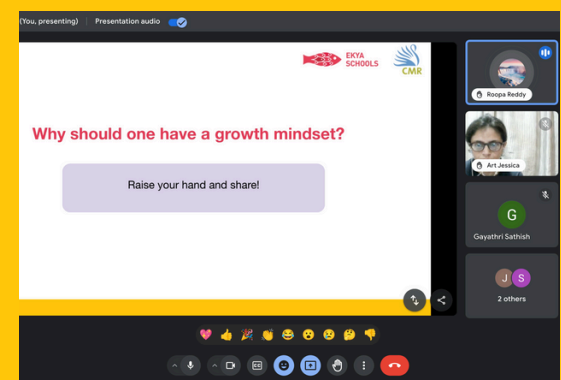
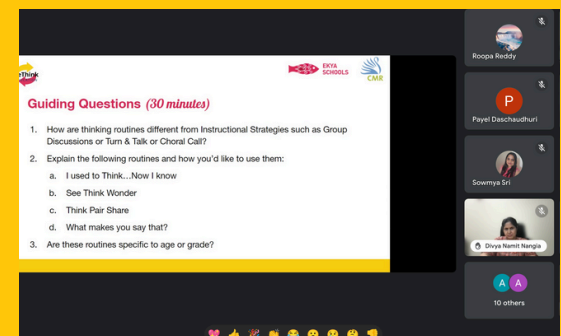


## PROFESSIONAL DEVELOPMENT

We began September with a training session for our coordinators on Stakeholder and Parent Engagement, followed by Learning Area Touchpoints with our educators and a Design Thinking workshop for central team members. Our Head of Schools also gathered to discuss strategies for working with multiple stakeholders. As part of our ongoing commitment to providing learning opportunities for educators, school leaders, and systems, the [Ekya Professional Development Institute](#) continues to run workshops and certification programs tailored to the needs of both aspiring and in-service educators.



This month, we successfully wrapped up the fourth cohort of our three-month ReThink Educator Certification Program and conducted various online workshops, including sessions on AI for Teaching, Game-based Learning, and Cultivating a Growth Mindset in the Classroom.



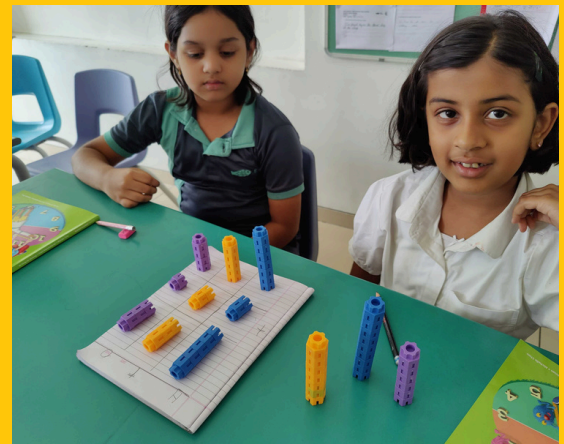




## LEARNING & INSIGHTS

### Mathematics

Ekya Math approaches number sense development with a unique focus on deep understanding and mastery. Its primary objective is to cultivate students' intuitive grasp of numbers and their relationships, enabling flexible mathematical thinking and efficient problem-solving.



The curriculum is carefully sequenced, with each concept building upon previously learnt ones, ensuring a progressive and cohesive development of number sense. This approach aims to create a solid foundation for advanced mathematical thinking and improved problem-solving skills.



## STUDENT EDGE

### Topic: Adventures of Satwik – The Land of Pyramids, Pharaohs and Mummies

This year, our Social Science syllabus includes fascinating topics about Africa and the Ancient Egyptian civilization. Coincidentally, during my last vacation, I had the opportunity to visit Egypt with my parents and my granny.

Our adventure began when we flew from Bangalore to Cairo, the bustling capital city of Egypt. On the second day, we headed straight to see the incredible pyramids. The most famous of these are the three Great Pyramids of Giza.

These massive structures are over 4500 years old! The Great Pyramid of Giza, also known as the Pyramid of Khufu, is the largest and was once one of the Seven Wonders of the Ancient World. Each pyramid was built as a tomb for ancient Egyptian kings and queens, and seeing them in person was absolutely breathtaking.

We also visited the Step Pyramid of Djoser in Saqqara. This pyramid is different from the others because it was built like a series of steps. It's the oldest pyramid in Egypt, almost 5000 years old.

One of the most exciting parts of the trip was learning about ancient Egyptian culture. I discovered how the Egyptians mummified their dead to preserve their bodies for the afterlife. We saw real mummies and learned about the daily life of ancient Egyptians, including their fascinating gods and goddesses. We also saw how they made papyrus, an early form of paper made from a plant that grows along the Nile River.

After Cairo, we traveled to Alexandria, a city on the Mediterranean Sea. In Alexandria, we visited the Bibliotheca Alexandrina, a modern library inspired by the famous Library of Alexandria from ancient times. We also explored the Citadel of Qaitbay, a fortress built on the site of the ancient Lighthouse of Alexandria, which was another one of the Seven Wonders.

In Luxor, we sailed on the River Nile, which is the lifeblood of Egypt. We visited the Karnak Temple, which is over 3500 years old, and the Luxor Temple. These temples are massive and full of beautiful carvings, hieroglyphic script and statues.

The highlight of our Luxor visit was seeing the Valley of the Kings, where we saw the tomb of the famous Pharaoh Tut-Ankh-Amun, also known as King Tut. His mummy was incredibly well-preserved and fascinating to see.

One morning, we took a hot-air-balloon ride over Luxor, and witnessed a stunning sunrise over the Nile River. The view was magical.

Our final stop was Hurghada, a beautiful city on the Red Sea. There, we enjoyed the gorgeous blue beaches and went on a semi-submarine ride. This unique boat allowed us to see colorful fish and coral reefs beneath the water while staying dry.

After seven wonderful days in Egypt, we returned to Bangalore feeling enriched and excited. The trip gave me a deep appreciation for ancient Egyptian civilization and the geography of Africa. It was an unforgettable experience that made my social science lessons come to life!



**Satwik Ghosh**  
Grade 4A, Ekya Byrathi



## TEACHER BLOG

### Preparation: The Key to Unlocking Success and Personal Growth

The path to success begins with preparation, a multifaceted process that involves strategic planning, focused practice, and skill refinement, ultimately paving the way for accomplishment in various pursuits of effective teaching and learning. Being prepared in life contributes to achieving success in whichever field an individual is in as the future belongs to those who prepare for today. It instills discipline as we organize our thoughts and functioning by managing time effectively meeting the academic and professional requirements in our day-to-day activities.

Effective preparation breeds confidence and calmness, empowering individuals to deliver outstanding performances with ease. Additionally, it facilitates proactive risk management by anticipating challenges and devising backup plans building a mindset open to development of problem-solving capabilities while thinking out of the box. Effective preparation involves setting clear objectives, breaking down complex tasks into manageable chunks, and creating a timeline to accomplish them. It requires discipline, dedication, and perseverance.

By organizing one's thoughts, one can plan well ahead showcasing their best performances, building morale and self-confidence. Believe you can and you're halfway there. Beyond achieving immediate goals, preparation has a profound impact on personal growth. It nurtures a mindset open to development, fosters self-control, and refines problem-solving capabilities. Additionally, preparation builds resilience, equipping individuals to navigate failures and emerge stronger, as it's hard to beat a person who never gives up. Developing self-confidence through preparation profoundly impacts our mental well-being, as our thoughts shape our reality and a prepared mindset fosters a positive self-image.

Training the mind to work diligently and in a committed manner strengthens an individual, grooming them to accept challenges and convert them into opportunities. Preparation serves as a shield against distractions, empowering individuals to stay on track. With a clear plan and anticipation of potential obstacles, they can navigate challenges with confidence and maintain their focus.

In conclusion, preparation is the linchpin of academic success, empowering educators and students to realize their potential, surmount obstacles, and attain their objectives through a proactive and disciplined approach. As the famous saying goes, "The best preparation for tomorrow is doing your best today."



**Ms. Shalini Joshi**  
Teaching Staff, Ekya Byrathi



