



EKYA SCHOOL
BTM LAYOUT



**THE BULLETIN
2025**

CAMPUS HIGHLIGHTS

Graduation Day at Early Years BTM – A Moment to Remember!

Graduation Day at Early Years BTM was truly a heartwarming celebration! Our little stars graduated with joy and confidence, making us incredibly proud. From emceeing to singing and everything in between, they delivered an unforgettable performance that left everyone smiling. The poise and enthusiasm they displayed on stage were a testament to their incredible growth throughout the year.

Early Years Learning Showcase Highlights

The Early Years Learning Showcase was a vibrant celebration of student progress and creativity. Classrooms were transformed into interactive galleries, where each child proudly guided their parents through their learning journey. Parents were thrilled to see the progress their children had made and to hear them speak with such confidence about their work.

Kindness and Compassion Board

A special highlight was the Kindness and Compassion Board, which focused on socio-emotional learning. Students asked their parents, "What are you thankful for?" The responses were heartfelt and thoughtful, creating a meaningful display of gratitude and connection.

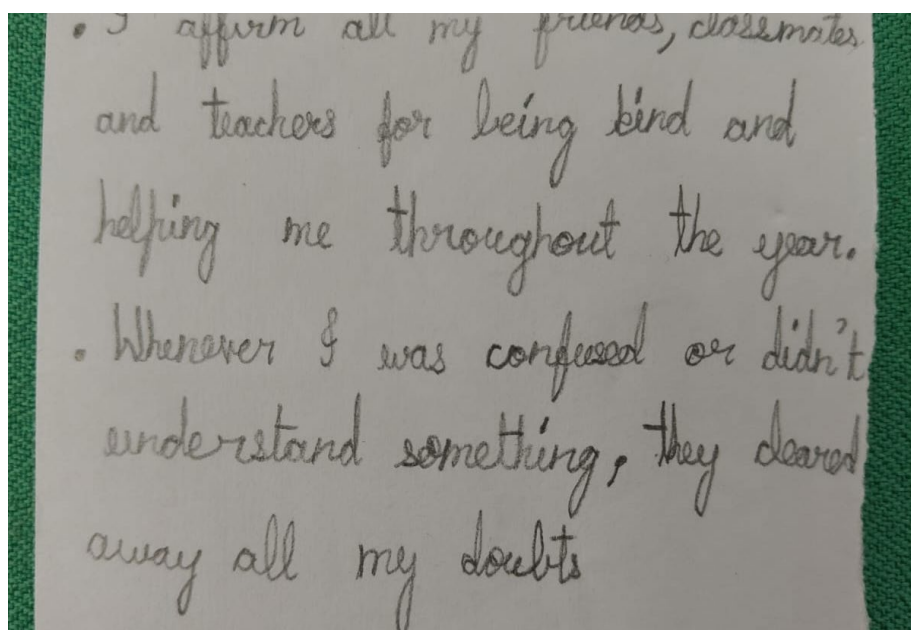
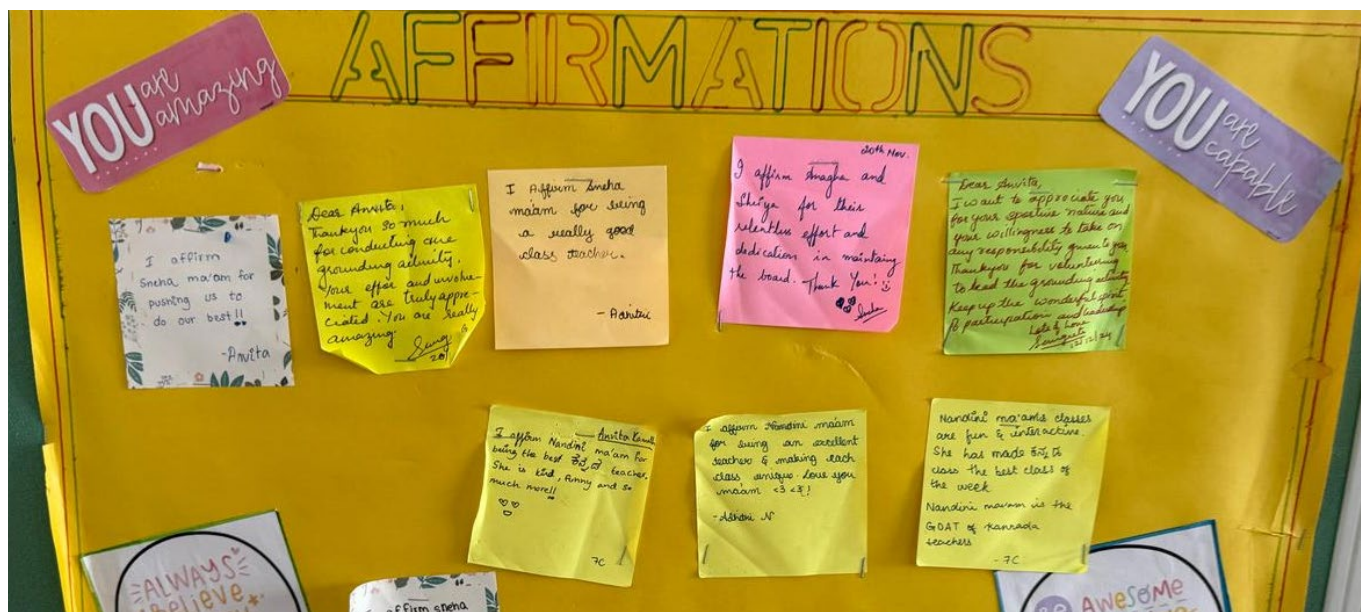


Interactive Learning Stations

Hands-on learning took center stage at the **Interactive Learning Stations**. Students confidently demonstrated their skills through engaging activities, while parents actively participated and marveled at their child's growth. The energy and excitement in the room were contagious!

The event was a joyful and interactive experience, celebrating student growth in a fun and engaging environment. We are so proud of our young learners and the bright futures they are building!

CULTURE ON CAMPUS



A Culture of Warmth and Positivity on Campus

At Ekya BTM, the day begins with warmth and connection. Every morning, teachers, Coordinators, the Head of School, and the Admin Manager greet students with a smile, a handshake, or a high five, setting a positive tone for the day. This simple yet meaningful gesture fosters a sense of belonging and reinforces that every student is valued. We also take time to share **Good Things** – moments of gratitude and personal achievements – creating an atmosphere of encouragement and positivity. **Affirmations** are generously shared, uplifting students and helping them feel seen, heard, and supported as they navigate their learning journey. This culture of kindness and affirmation strengthens our community, inspiring students to approach each day with confidence and joy.



LEARNING BEYOND THE CLASSROOM

The **Student Development Program** at EKYA Schools is designed to enable students in their journey of self-discovery, well-being, community and service to discover a world of possibilities.

This report highlights the key initiatives and their impact on our student community.



Final Year Retreats

We are thrilled to announce the **final-year retreats** for our graduating students! These retreats are designed to provide a meaningful pause before they step into the next phase of their lives, offering space for deep reflection, personal growth, and lasting memories with their peers.

This year, students will embark on transformative journeys to breathtaking destinations such as **Kabini, Nagarhole, Coorg, and Bandipur**—places rich in natural beauty and learning opportunities. Amidst serene landscapes, they will engage in reflective journaling, guided discussions, and immersive experiences that foster self-awareness and mindfulness. Surrounded by nature, they will also explore the delicate balance of ecosystems, drawing inspiration and wisdom from the world around them.

Through these retreats, we hope to cultivate a sense of gratitude, purpose, and connection, ensuring that students leave not only with cherished experiences but also with valuable insights that will guide them in their future endeavors.



Work Exposure Program

As part of the **Work Exposure Program at Ekya**, we are excited for our students to step into professional environments and gain firsthand experience of the working world. This program is designed to help them understand workplace dynamics, develop essential skills, and prepare for their future careers.

Our students have been placed in various organisations, where they will be exposed to key professional skills such as **project management, communication, time management, problem-solving, and critical thinking**. Having successfully completed their interviews, they are now eagerly preparing for their onboarding, which is set to take place in the first week of April. This marks the beginning of an enriching journey where they will learn, contribute, and grow in real-world work settings.

Alumni Engagement

We are thrilled to announce our alumni engagement initiative for the year 2025-26, "**Legacy of Ekya.**" This initiative is designed to strengthen the bond between our alumni and their alma mater, creating a thriving network of collaboration, mentorship, and shared growth.



Summer Camps

Our much-awaited **Summer Camps** are set to begin in the first week of April, and we have an exciting lineup of activities planned! Designed around the themes of **Mind, Body, and Soul**, these camps offer a perfect blend of learning, creativity, and fun.

Students will have the opportunity to explore a wide range of engaging activities, including **Puppetry, Music & Dance, Lego Robotics & Coding, Martial Arts, Pottery and much more.** Each activity is carefully curated to foster **creativity, critical thinking, and physical well-being**, ensuring an enriching and enjoyable experience for all participants.

With something for everyone, this summer promises to be a time of discovery, growth, and unforgettable memories!



WELL-BEING



As exams are underway, the Well-being Department has been focusing on supporting parent well-being to ultimately enhance student well-being. In March, we hosted three insightful sessions for parents, designed to provide valuable tools and guidance for supporting their children's emotional and developmental needs.

The first session, **"Parenting Teenagers and Understanding the Challenges of Adolescents"**, was led by **Ms. Anurama Suresh**, founder of Sreehi Consulting Services. This session was specifically tailored for parents of middle and senior school students and addressed the unique challenges of raising teenagers. It provided parents with strategies to foster healthy relationships and navigate this critical phase of their child's development.

We also conducted an online session for Parents of Montessori and Primary students, focusing on **"Managing Tantrums and Hyperactivity"**. This session, led by **Ms. Deepti and Ms. Aruna from the "Happy Toddler Hub,"** offered practical strategies for managing tantrums and hyperactivity, helping parents better understand and address these common challenges with confidence.

Lastly, we hosted a counsellor-led session on **"Addressing Age-Specific Behavioural Challenges"** for our Montessori parents. This session provided valuable insights into effective communication and behavioural management techniques, tailored to the specific needs of Montessori-aged children.

We believe that supporting parents in these ways plays a key role in enhancing the overall well-being of our students.

A Different Conversation About Cancer

As a **parent first** and an **oncologist second**, I bring a unique perspective to our conversation and puts our families at the heart of every discussion. That's what makes this conversation different.

Parents Supporting Parents

We'll approach cancer awareness through the lens of family strength and resilience, sharing practical wisdom that only parents understand.

Focus on Hope and Action

Instead of dwelling on statistics, we'll explore how families can empower themselves through knowledge and community support.

Build

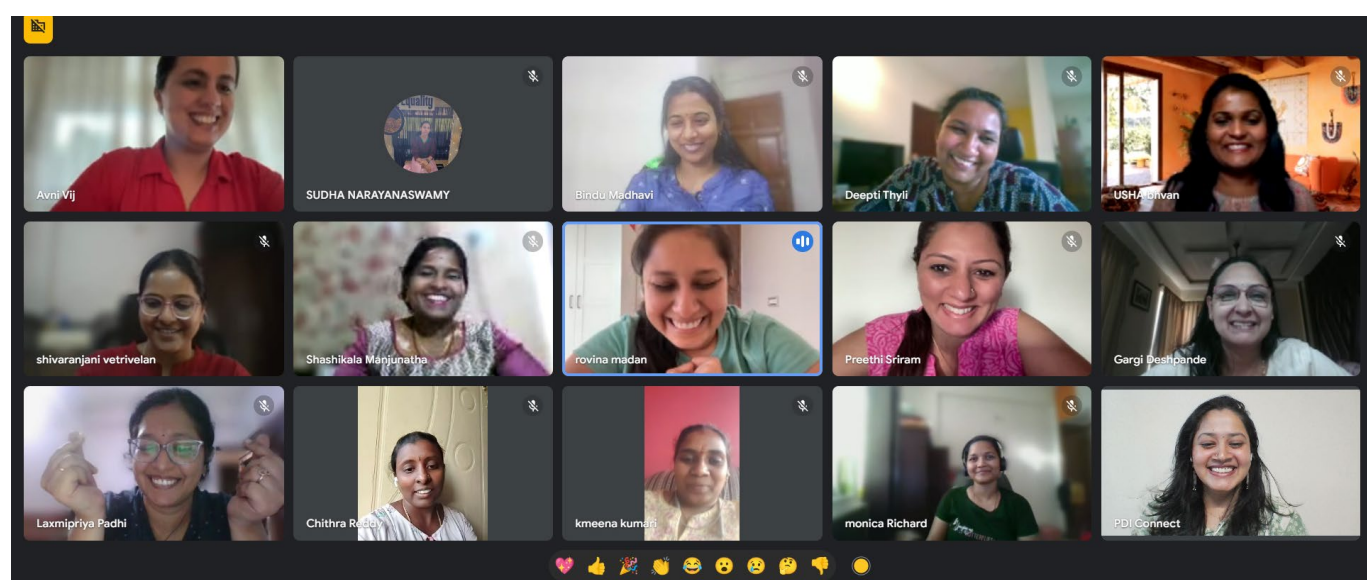
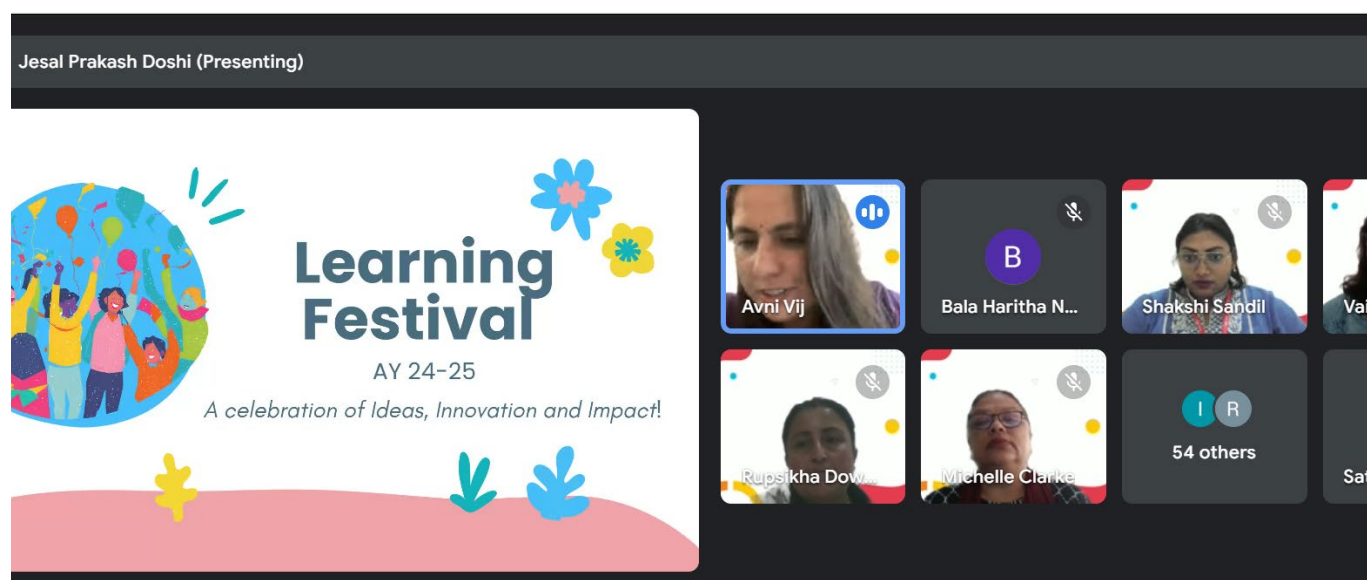
Together, family strength for

Empowering Families Through Cancer Awareness

Dr. (Prof) Vishwanath S
Senior Consultant, Medical Oncology
Apollo Hospitals, Bangalore
Managing Trustee and Founder, CPOEM Foundation
www.cpoem.org
www.drviswanath.in

PROFESSIONAL DEVELOPMENT

- The Professional Development team conducted the **Learning Festival**, an annual celebration of teaching and learning. The Learning Festival served as a platform to showcase the best practices of our educators. This year, the festival was conducted virtually on 21 March 2025, in which **14 educators** from CMR and Ekya schools presented their innovative practices across four impactful themes. It was a true reflection of the creativity, passion, and dedication that define our learning community.
- We have successfully completed the fifth cohort of **ReThink Educator Certification Program** for the external stakeholders. Apart from this, we have also launched two cohorts for our newly recruited educators who will be in service across our campuses from June onwards. This initiative is to keep up with our goal of equipping our educators with the knowledge, mindsets, and skills of a progressive educator, helping them develop a broader perspective on education as they step into the Ekya ecosystem.
- Ekya PDI is proud to have initiated a comprehensive **Post-Graduate Diploma in Early Childhood Education** in association with CMR University that will equip educators and those aspiring to become one with specialised skills in nurturing young learners, focusing on child development, inclusive education, and play-based learning. It is a one-year program, open to anybody interested in becoming an early years educator.



LEARNING & INSIGHTS

Objective: The objective of this group project is to collaboratively create a Three-dimensional structure based on a theme. This collaborative project aims to foster **teamwork, creativity, and problem-solving skills** while exploring the possibilities of three-dimensional art and design. The project enables students to design, develop & bring their ideas to life through the use of everyday objects & materials.



Through this project, students became designers & creators. They envisioned ideas ranging from simple to complex. They brainstormed & ideated, they worked to realise the idea & bring it to fruition in 3 dimensions. As a team, they came together, held responsibilities & owned up to their deliverables.



With immense enthusiasm & originality, every team brought to the table a diverse set of ideas. They were able to convey the essence of their idea & convince the facilitator to help them proceed with it. They have dexterously handled the tools & materials available in the makery. There were no special materials involved in making.



Proving that generation of ideas & engineering materials to realise the ideas is a very innate quality & everyone of us can create what we envision. Our students demonstrate craftsmanship, clear connection between thoughts & action, ability to translate two dimensional design to a three dimensional model. They show a thorough understanding of concepts like scaling, detailing & mechanics.

1. Mystery Shack
2. Cafe Milkyway
3. Yin & Yang
4. Mast Express
5. Spectrum Aslant

STUDENT EDGE



Sports have been an integral part of my life, shaping not just my physical abilities but also my mindset and approach to challenges. As a passionate basketball player and athletics athlete, I've faced countless hurdles — some physical, some mental — that have tested my strength and patience. But each setback has only strengthened my resolve, teaching me the true meaning of resilience.

From the outside, sports may seem like a test of physical strength and skill, but for me, they've been a masterclass in mental toughness. I've trained for months, only to lose a crucial match by a narrow margin. I've faced injuries that forced me to sit on the sidelines when all I wanted was to be out there with my team. I've endured early morning practices, muscle soreness, and moments of self-doubt when it felt like my body and mind were working against me. But through it all, I've learned to rise. Every defeat and injury has been a lesson in persistence — a reminder that failure is not the end but a stepping stone toward growth.

Resilience isn't just about pushing through difficult moments; it's about adapting and growing stronger because of them. Missing a shot in basketball or a false start on the track can be discouraging, but sports have taught me that setbacks are part of the process. The discipline of showing up for practice, the patience to refine my technique, and the mental strength to keep going when things don't go my way have shaped how I approach life. I've learned to take failures in stride, recalibrate, and come back stronger.

Injuries have been some of my toughest teachers. While they may have forced me to pause physically, they've strengthened me mentally. I've learned not to fear setbacks but to see them as opportunities

to reflect, improve, and come back more focused than before. This mindset has extended beyond the court and track into my academics, friendships, and personal challenges. I've realised that resilience is not just about enduring difficult moments — it's about finding ways to thrive despite them.

Sports have given me the gift of a mindset that refuses to quit. Every sprint, every basket, and every setback has helped me build a foundation of strength, patience, and determination. The resilience I've developed through sports has become a guiding force in my life, helping me face challenges with confidence and courage. That... is the true power of sports.



SIDDHARTH PRADEEP

Vice Sports Captain,
Ekya School BTM Layout

LEADERSHIP CORNER

In the ever-evolving landscape of education, the role of a teacher has expanded far beyond the confines of the classroom. Today, teachers are not just educators; they are leaders, guiding the next generation towards a future full of possibilities. The concept of teachers as leaders is not new, but it has gained renewed importance in a world where knowledge is constantly being updated and students need more than just academic instruction to succeed.

The Role of a Teacher-Leader

Traditionally, education leadership has been associated with administrative roles such as principals or department heads. However, leadership in teaching goes beyond these formal positions. A teacher-leader is someone who influences their students, peers, and even the wider community, without necessarily holding a formal title. They lead by example, inspire others, and take on initiatives that improve the learning environment.

One of the most crucial aspects of being a teacher-leader is the ability to inspire and motivate students. In a world inundated with information, students need guidance to navigate through the vast sea of knowledge. A teacher-leader helps students develop critical thinking skills, encourages curiosity, and fosters a love for learning that extends beyond the classroom. This kind of leadership is about empowering students to take charge of their learning and develop into independent, confident individuals.



Leading by Example

Teacher-leaders are role models. They embody the values they wish to instill in their students, such as integrity, perseverance, and empathy. By demonstrating these qualities in their daily interactions, teacher-leaders show students what it means to be responsible and ethical members of society. This kind of leadership is particularly powerful because it is based on actions rather than words. Students are more likely to follow a leader who practices what they preaches.

In addition to modeling positive behavior, teacher-leaders are also lifelong learners. They continuously seek out new knowledge and skills to improve their teaching practices. This commitment to personal and professional growth not only enhances their effectiveness but also sets an example for students, showing them the importance of continuous learning and self-improvement.



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