



15 Years of
Extraordinary

**EKYA
SCHOOL**
JP NAGAR



**THE BULLETIN
2025**

EKYA SCHOOL JP NAGAR MAKES IT TO THE TOP 10 MOST INNOVATIVE SCHOOLS IN T4 EDUCATION WORLD'S BEST SCHOOL PRIZES 2025



Ekya School JP Nagar has made it to the **Top 10 Most Innovative Schools in the World** by the **T4 Education World's Best School Prizes 2025**, a prestigious global platform that honours schools driving exceptional impact in education.

This recognition places Ekya Schools on the international stage for its **pioneering integration of Design Thinking into K-12 education**. By adopting this structured, problem-solving methodology, students have addressed real-world issues such as waste management, public health, and social inclusion.



CAMPUS HIGHLIGHTS



Celebrating World Environment Day

Our campus had the pleasure of hosting **Mr. Vinod Jayapal**, the founder of **Go Green Box** and a passionate advocate for sustainability. His session focused on the importance of reducing paper usage and the value of recycling. Mr. Jayapal emphasised that adopting eco-friendly practices is not just a choice but a responsibility, especially for institutions and businesses. He made the session highly engaging by involving students in a fun, interactive activity where they brainstormed ways they could minimise waste in their daily lives. One of the highlights of the session was a unique and inspiring gesture—he handed out sheets of paper made from elephant dung, collected from Mysore Palace, showcasing innovative recycling methods. The experience left a lasting impression on students, sparking curiosity and commitment toward sustainable living. It was a thought-provoking and hands-on introduction to how small actions can lead to a big environmental impact.

Celebrating International Yoga Day: A Journey to Wellness



To mark **International Yoga Day**, our campus came alive with the spirit of health, harmony, and holistic well-being. We had the privilege of hosting expert instructors from **Aikia Yogashala**, who led our students and teachers through rejuvenating yoga sessions. Students from Grades 1 to 5 explored a variety of asanas, while Grades 6 to 8 experienced the benefits of Chair Yoga. **Ms. Shilpa**, one of the instructors, inspired students with a powerful message—**yoga is not just for one day, but a lifelong practice for physical, mental, and emotional strength.**

In addition, a special session was organised for our teachers, featuring gentle stretches, **Surya Namaskar**, and **calming pranayama techniques**. It was a refreshing and peaceful experience that fostered mindfulness and relaxation.

We are deeply grateful to Aikia Yogashala for inspiring our school community. Here's to embracing yoga every day for a healthier, happier life!

Eat Your Vegetables Day: A Colourful Celebration of Nutrition and Creativity



Eat Your Vegetables Day was celebrated with great enthusiasm as our young learners came dressed as their favourite vegetables, confidently sharing why they chose them and the health benefits they offer. The event served as a wonderful opportunity to encourage healthy eating in a fun and engaging way, sparking conversations around nutrition and wellness.

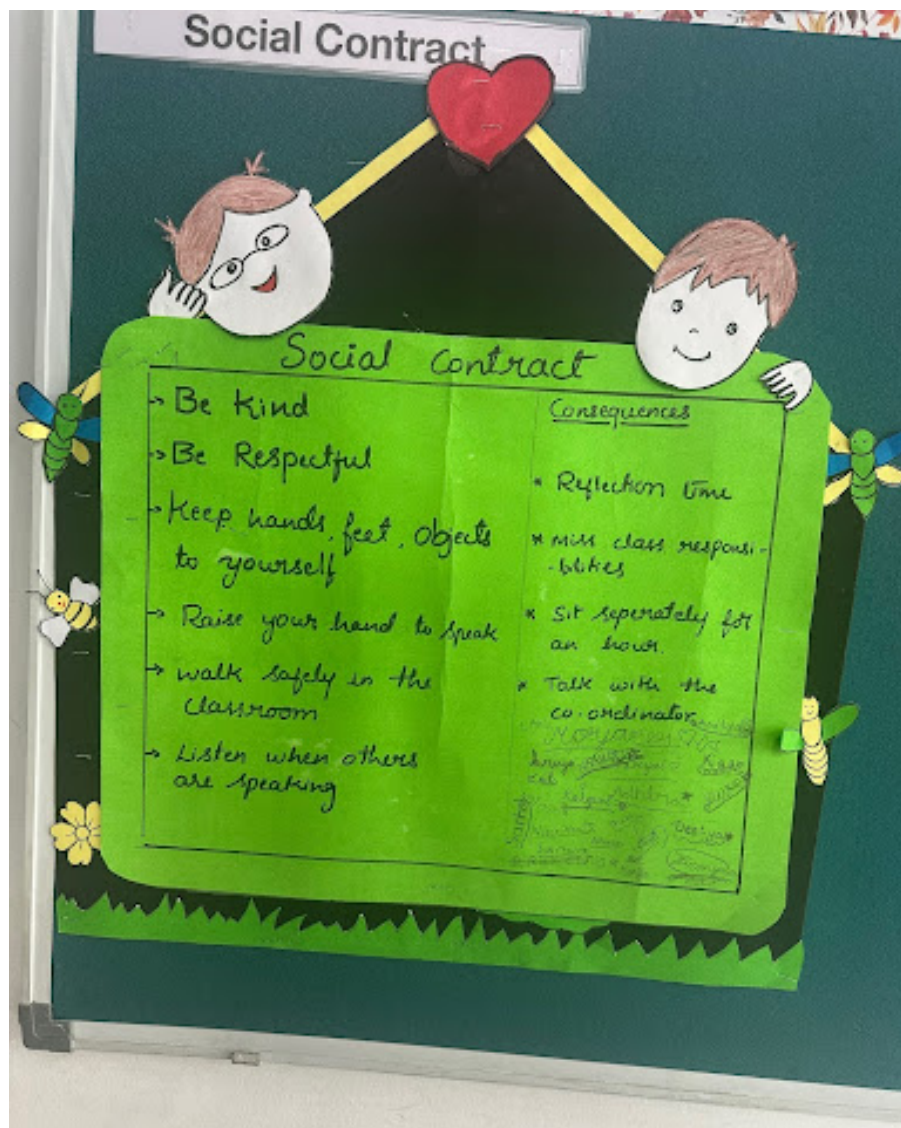
Adding to the excitement, we welcomed **Ms. Vanitha** for a special vegetable carving session. Her creative demonstration captivated the children as she transformed everyday vegetables into delightful shapes like an owl, bunny, rose, coconut tree, mouse, and even a flower vase. The children watched in awe, their eyes filled with wonder and joy as familiar veggies took on new life. The event was a perfect blend of learning and creativity, inspiring our students to appreciate vegetables in a whole new light. It left them curious, delighted, and eager to embrace healthy eating habits.



Family Fiesta:

Our campus was buzzing with joy, laughter, and delightful aromas, creating a vibrant and festive atmosphere. We had organised a wide range of activities and games for everyone—from young children to parents and grandparents—ensuring there was something for all age groups to enjoy. Numerous stalls lined the area, each offering unique items, treats, and experiences. One of the most heartwarming sights was watching the children enthusiastically set up and manage their own stalls, showcasing their creativity and entrepreneurial spirit. They not only displayed their products with pride but also marketed them with impressive confidence and excitement. The event brought together families, students, and staff in a joyful celebration of community and collaboration. It was truly a memorable day, filled with smiles, bonding moments, and the shared joy of being part of something special. The entire campus radiated energy, making it a day to remember for everyone involved.

CULTURE ON CAMPUS

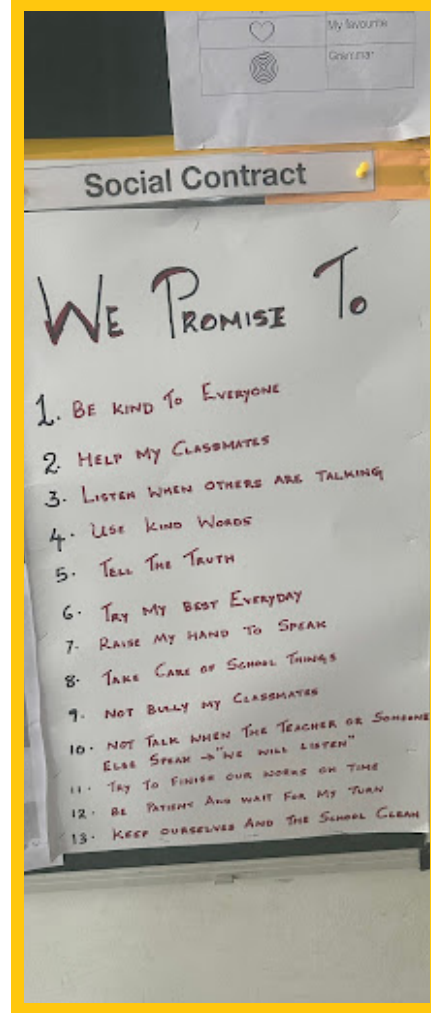
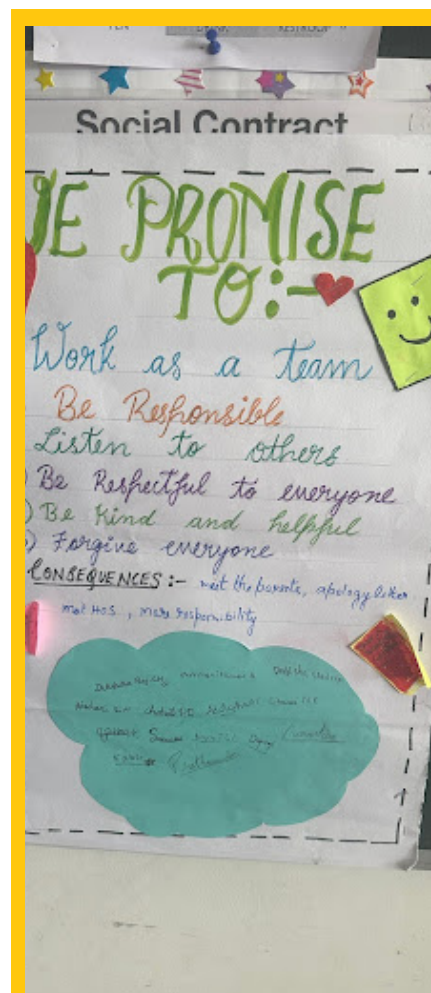


Building a Stronger Community Through Our Social Contract

At Ekya School, the **Social Contract** is a foundational part of our learning culture, designed to foster a safe, respectful, and inclusive environment for all. Co-created by students and teachers, the contract outlines shared values and behaviours that guide daily interactions, emphasising kindness, honesty, responsibility, and mutual respect.

Rather than being a set of imposed rules, the Social Contract empowers students to take ownership of their actions and understand the impact they have on others. It encourages open dialogue, accountability, and collaborative problem-solving, helping build strong relationships within the school community.

Through regular reflection and reinforcement, the Social Contract cultivates empathy, resilience, and a sense of belonging. It supports both academic and personal growth, enabling students to thrive in a positive and nurturing environment. At Ekya, the Social Contract is more than words—it's a living agreement that shapes the way we learn, grow, and connect every day.



LEARNING & INSIGHTS

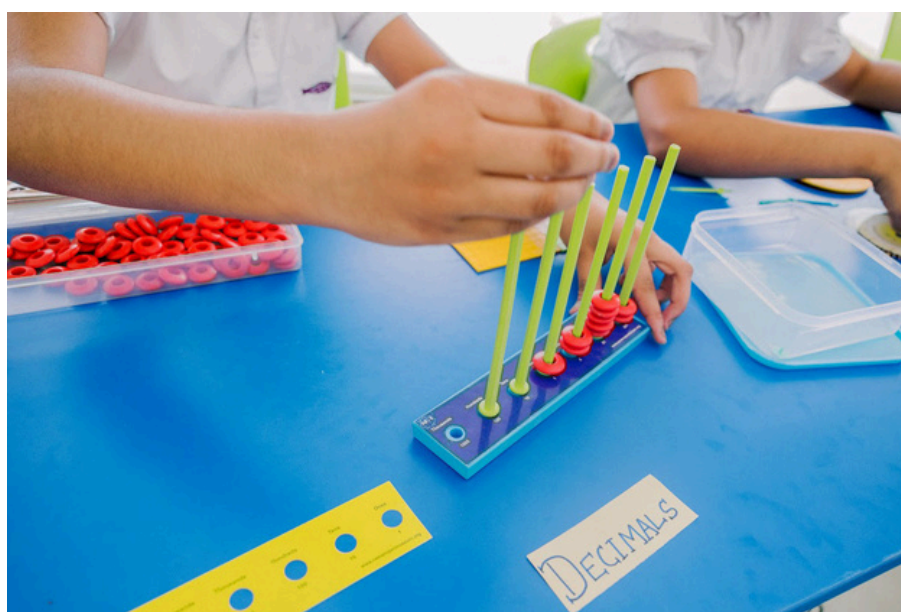
Math Eco-Innovators: Fusing Science and Sustainability

This activity aims to integrate concepts from physics, engineering, environmental science, and statistics to develop sustainable real-world solutions. Students will enhance their problem-solving, critical thinking, and collaboration skills by researching, designing, and presenting innovative projects. Through data analysis and effective communication, they will gain a deeper understanding of interdisciplinary applications, preparing them for future careers.

Interdisciplinary authentic tasks integrate skills from various subjects, helping students connect their learning to real-world applications while enhancing subject-specific expertise. These tasks foster a broader perspective, encouraging innovation, problem-solving, and environmental responsibility.

Presenting their findings strengthens students' communication skills by requiring them to articulate technical concepts clearly and effectively. The integration of physics, engineering, and environmental science provides a comprehensive understanding of sustainable solutions, preparing students for STEM careers.

Additionally, applying statistical knowledge allows students to analyse data meaningfully and develop critical problem-solving abilities. Ultimately, these tasks empower students to think critically, collaborate, and take ownership of their learning.



Chemistry Powering Discovery: Building Galvanic Cells for Energy Insights

This activity enables students to explore electrochemical energy conversion by constructing and analysing a galvanic cell. Through hands-on experimentation, they will investigate redox reactions, electrode potentials, and material efficiency while considering practical constraints like conductivity and cost.

By presenting their findings in a scientific poster, students will develop critical thinking, problem-solving, and communication skills essential for future scientific and engineering careers. The **"Prepare a Galvanic Cell"** project engages students in exploring electrochemical energy conversion through hands-on design and experimentation. Students investigate redox reactions, electrode potentials, and material selection to construct a working galvanic cell while considering factors like conductivity and cost-effectiveness. This project enhances critical thinking and problem-solving skills by applying scientific concepts to real-world energy challenges. Presenting their findings in a scientific poster format strengthens communication skills, preparing students for future roles in science and innovation.



LEARNING BEYOND THE CLASSROOM



Final Year Retreat

Final Year Retreat: Memories Made in Kabini

The final year students embarked on a memorable retreat to **Bandipur** and **Nagarhole**, trading classrooms for canopies and deadlines for wildlife trails. At Bandipur, serene safaris revealed deer, elephants, and lush landscapes, while evenings were filled with laughter, music, and bonding around bonfires. Nagarhole brought a wilder thrill—dense forests, rustic trails, and glimpses of wild boars and tiger paw prints near the Kabini backwaters. Students immersed themselves in nature walks and jeep safaris, capturing moments of awe and connection. More than just a getaway, the retreat became a space for reflection, nostalgia, and deepening friendships. It offered a pause before the rush of final submissions and goodbyes, leaving students with stories, strengthened bonds, and a renewed sense of togetherness.

As they returned to campus, the forest still fresh in their minds, the Class of 2025 carried back more than memories—they returned with meaning.



Transition Treks: Adventure All Around: Transition Treks for Grades 5, 9 & 11

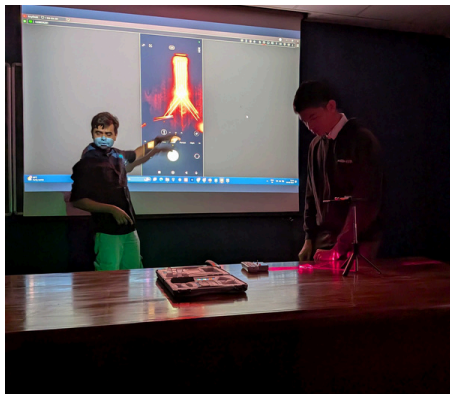
While the final years explored Bandipur, younger students set off on their own adventures through the school's Transition Trek program. Grade 5 headed to **Rocksport**, where they tackled ropes courses, zip lines, and team games that built courage and camaraderie. Grade 9 journeyed to **Gudibande**, conquering the scenic hill fort after a spirited trek. The climb was steep, but so were the lessons in resilience and teamwork. Students took in breathtaking views and learned about the site's rich history along the way. Meanwhile, Grade 11 pushed their limits on the **Madhugiri trek** — one of South India's tallest monoliths. The climb tested their stamina and spirit, but the sense of achievement at the summit made every step worth it. These treks weren't just outdoor getaways—they were milestones in personal growth, confidence, and connection with nature, setting the tone for a year of discovery and strength.



Wrap Around Program

The Wrap Around Program has become a cornerstone of after-school life, offering students a vibrant mix of activities that inspire creativity, build skills, and promote well-being. From sports and dance to robotics, theatre, and art, the program ensures every child finds a space to thrive beyond academics. What truly elevates the experience is the quality of mentorship. Passionate coaches and facilitators bring expertise, energy, and encouragement, creating a safe and stimulating environment where students feel motivated to push their boundaries and try new things.

More than just extracurriculars, the Wrap Around Program fosters teamwork, confidence, discipline, and joy. Whether students are mastering a chess move, perfecting a dance step, or scoring on the football field, each moment adds to their personal growth. With committed teams and thoughtful programming, after-school hours become a time of discovery and delight, making every day fuller, richer, and more rewarding.



Field Trips: Learning Beyond the Classroom Walls

This term, students step beyond campus to explore some of the country's leading educational institutions, bringing their lessons to life through real-world experiences. At the **Indian Institute of Astrophysics**, they observe powerful telescopes, engage with astronomers, and dive into conversations about stars, galaxies, and space research.

At the National Centre for Biological Sciences (NCBS), students walk through advanced labs, interact with scientists, and witness cutting-edge work in genetics, ecology, and biotechnology. Other groups visit science museums, art galleries, heritage sites, and innovation centres—each trip carefully chosen to enrich classroom learning.

These excursions ignite curiosity and deepen understanding. Students ask thoughtful questions, connect theory with practice, and return with renewed enthusiasm for their subjects. Field trips are not just a break from routine—they are powerful learning moments that expand horizons and inspire future dreams. Through every visit, students experience how knowledge shapes the world around them.

PROFESSIONAL DEVELOPMENT

The Professional Development team successfully concluded the **Academic Orientation** for our Early Years Educators. Our academic orientation is an annual flagship training held at the beginning of the academic year, aimed at welcoming newly recruited educators, providing a deeper understanding of Ekya's culture and curriculum, and addressing classroom challenges faced by our existing educators in the previous academic year. Our Behaviour Counsellors also took part in a training session on Navigating Resistance and Silence in Student Counselling. Our [Post-graduate Diploma in Early Childhood Education](#) is also in full swing and we are slowly moving towards completion of our Term 1!



STUDENT EDGE

A Letter from a Tree

Dear World,

I am Zulli, hope you are doing well. The reason I am writing to you is that I am not doing well at all! I am scared of the woodcutters who have come to the forest.

These days, people don't really care about trees and species. You know, I am tired after this now. How long can I wait for them to change? They always misuse us!

And you know one thing—they teach the kids the same things that they do! I give them fresh air and look in the polluted air! I give them paper and wood for making houses. I do so much for them, but they really don't care!

We give them beautiful flowers and tasty fruits to eat. They don't give water to us, nor do they give us sunlight. Only because of the rain and sun, I have grown—every day they cut a tree, but they don't plant one again!

Global warming has started. Arctic shrinks and the desert grows. Some animals face death as some migrate and some hibernate. In the future, it will be very hard to live!

As tomorrow starts, the woodcutter will come. He will cut all trees, including me. But before I leave, I need to make this world better.

The people need to recycle the waste, dry and wet. They need to stop water pollution and air pollution. They need to stop cutting trees to save ourselves and Mother Earth and to avoid global warming.

Don't try to stop me, World! For this, I will put my life at risk only for good things. By tomorrow, I will change the world. If you would help, it would be even easier to save ourselves and our Mother Earth. So join me and help me.

Please, I beg you to help my friends from the woodcutters and to save ourselves and Mother Earth!

From
Zulli (alias the Tree on Earth!)



Sahana Karthik
Grade 5C, EJPN

LEADERSHIP CORNER

Approach to Manage Time & Follow Study Routine

As students move into senior school, the academic pressure inflates to an extent that it becomes quite challenging to maintain a balance between assignments, exam preparation, extracurriculars and personal life. A question arises for students to find a healthy balance. As a teacher, I've seen firsthand how minor changes in study habits can make a big difference. Here are a few strategies to help senior students stay organised, focused, and less stressed.

The most important step is staying away from distractions like phones, which must be switched off, and attending to notifications and messages must be avoided.

Set Clear Goals: Beginning with clarity. Breaking down long-term goals into short-term academic targets to achieve. Weekly and monthly study goals help students track progress and stay motivated. Setting deadlines and, planner can be beneficial. The mind clock creates a preparedness or readiness.

Create a Realistic Timetable: As stated earlier, planning a balanced timetable proves effective. Short intervals, breaks help students to absorb the content studied, reiterating in their minds. A proper start time and an end time create a routine or set a good habit.

Avoid Multitasking and prioritise tasks: Students tend to attempt many learning areas at the same time, which is an error/blunder. Multitasking only spoils the effort contributed. Therefore, prioritising the arrears stands important.

Use of Active Study Methods: This strategy varies from person to person. Having varied retention power makes students choose from options of reading, writing short notes, summarising, etc.

One must encourage students to make mind maps, reteach a concept, and solve certain problems by making short notes and annotations.

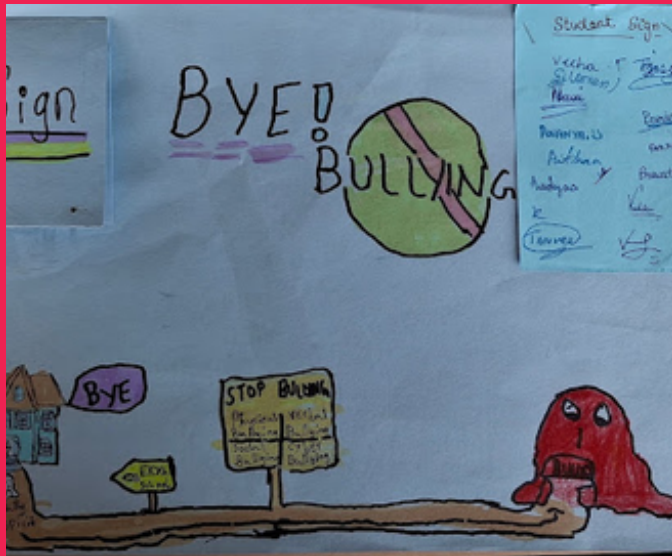
As the proverb says' *All work and no play makes Jack a dull boy*', similarly stressful study must be balanced with hobbies like swimming, listening to pleasant music, and spending

quality family time. Avoid watching TV or gaming, which may be distracting. Weekly checks of tasks completed and pending give a clear picture of being prepared. Adjusting the plan regularly makes it more effective over time.

Time management is not about squeezing more into the day, but about spending time wisely. With a thoughtful routine and a proactive mindset, senior school students can build habits that not only help them succeed academically but also prepare them for life beyond school.



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